

Meet the people at the Activity Center!

Carlos and Sonia Vera

Carlos and Sonia are Activity Center track members with an Olympic connection. Carlos represented Chile in the 1948 and 1954 Olympic Games, competing in the 100m, long jump and triple jump track events, and the decathlon. Carlos is approaching his 91st birthday and still competes in Masters track and field events.

He remembers the 1948 London Olympics. "London was unique: it was three years after WWII ended. London had been destroyed and was in ruins. There was no village, but somehow they were able to organize the Olympic Games. It was extraordinary. The first surprise came before we left Chile: we got word that there was no coffee or sugar, so if we wanted some, we were to bring our own. There was no village - we stayed in the military barracks from the war. Our transportation to the stadium was in old military trucks. University students were the staff. They did not get paid - they worked for three meals a day."

Carlos and Sonia keep fit by staying active and working out three times a week at the Jefferson indoor and outdoor tracks. "Even as children, staying active is a way of life for us!"

Are you interested in becoming a member of the Activity Center?

Give us a call!

Kennedy Activity Center
952-681-5280

Jefferson Activity Center
952-806-7880